

# MONTHLY Reflections



At the end of each month, reflect on the progress you made toward the learning goals or habits you focused on.

**JAN**

What am I proud of?

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What can I improve next month?

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**FEB**

What am I proud of?

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What can I improve next month?

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**MAR**

What am I proud of?

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What can I improve next month?

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**APR**

What am I proud of?

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What can I improve next month?

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**MAY**

What am I proud of?

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What can I improve next month?

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**JUN**

What am I proud of?

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What can I improve next month?

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**JUL**

What am I proud of?

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What can I improve next month?

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**AUG**

What am I proud of?

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What can I improve next month?

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**SEP**

What am I proud of?

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What can I improve next month?

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**OCT**

What am I proud of?

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What can I improve next month?

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**NOV**

What am I proud of?

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What can I improve next month?

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**DEC**

What am I proud of?

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What can I improve next month?

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