

Resolutions Tracker for the YEAR



Each day, track your progress by colouring in the boxes. Using any colour of your choice, colour the days you *crush it* (i.e. complete your resolution), leave blanks for *misses*, and cross out extra days of the month.

Month	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
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